

# REFLECTIONS

Len Young



*Musical settings of reflective poems for choir and piano  
composed during the coronavirus pandemic 2020.*

## 1. Always, Always

The sun in the east it stands alone,  
And rays of day again they shine.  
Rising up to face each day,  
Looking for lost yesterday.  
The moon he seeks but cannot find,  
Always, Always on his mind.  
The moon in dark it searches 'round,  
Wanting brightness to be found.  
Looking through each lonely night,  
Hoping love will end her plight.  
The sun she wants with all her heart,  
Always, Always left apart.  
Until the searching of years and years,  
The sight that triumphs doubts and fears.  
When eyes of mortals and gods alike,  
Are blind to joy of day meets night.  
The love they seek they will always find,  
Always, Always through the end of time.

## 2. Appreciation

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The sun it shines, regardless,  
The grass it grows, oblivious,  
The water it sits, fathomless.  
The moon it reflects, lovingly,  
The tree it stands, determinedly,  
The sand it moves, impulsively.  
Time is a constant, unstoppable,  
Space is vast, incalculable,  
Life is a gift, remarkable.

## 3. The Elements of Strength

The wrath of wind, it comes and goes,  
The fear of men, no longer blows,  
The hunger of fire, it does devour,  
But all who give in, it will sour,  
The strength of water, cannot be matched,  
By every evil scheme that's hatched,  
The life of earth, is unsurpassed,  
Unless you've seen, the future past.  
Do not be weathered, by elements strong,  
Their strength by no means, lasts that long.

## 4. Two Little Shadows

I saw a young mother  
With eyes full of laughter  
And two little shadows  
Came following after.

Wherever she moved,  
They were always right there  
Holding onto her skirts,  
Hanging onto her chair.  
Before her, behind her -  
An adhesive pair.

'Don't you ever get weary  
As, day after day,  
your two little tagalongs  
Get in your way? '

She smiled as she shook  
Her wise young head,  
And I'll always remember  
The words that she said.

'It's good to have shadows  
That run when you run,  
That laugh when you're happy  
And hum when you hum -  
For you only have shadows  
When your life's filled with sun.'

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## 5. Purpose

Deeply and long the sap must flow  
Ere the merest layer of elm can grow.  
Many a wave's recurrent shock  
Is needed to smooth the tiniest rock.  
Thousands of leaves must fade and fall  
To make the mold by the garden wall.  
Thus, as the patient seasons roll,  
Slowly is fashioned a human soul.  
Purpose and failure and purpose still,  
Steadily moved by a quiet will,—  
Layer on layer in sturdy way,  
Hardly seen the growth of a day,—  
Times of failure and fear and fall,  
But one strong tendency through it all,—  
Man and purpose and sun by sun  
Reach the stars before they are done!

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## 6. Little by Little

"Little by little," an acorn said,  
As it slowly sank in its mossy bed,  
"I am improving every day,  
Hidden deep in the earth away."

Little by little, each day it grew;  
Little by little, it sipped the dew;  
Downward it sent out a thread-like root;  
Up in the air sprung a tiny shoot.

Day after day, and year after year,  
Little by little the leaves appear;  
And the slender branches spread far and wide,  
Till the mighty oak is the forest's pride.

Far down in the depths of the dark blue sea,  
An insect train work ceaselessly.  
Grain by grain, they are building well,  
Each one alone in its little cell.

Moment by moment, and day by day,  
Never stopping to rest or to play,  
Rocks upon rocks, they are rearing high,  
Till the top looks out on the sunny sky.

The gentle wind and the balmy air,  
Little by little, bring verdure there;  
Till the summer sunbeams gayly smile  
On the buds and the flowers of the coral isle.

"Little by little," said a thoughtful boy,  
"Moment by moment, I'll well employ,  
Learning a little every day,  
And not spending all my time in play.  
And still this rule in my mind shall dwell,  
Whatever I do, I will do it well.

"Little by little, I'll learn to know  
The treasured wisdom of long ago;  
And one of these days, perhaps, we'll see  
That the world will be the better for me";  
And do you not think that this simple plan  
Made him a wise and useful man?

### **7. The Weight of a Word**

The power of words, is awesome to behold.  
They build and they break, they furl and they fold.  
A simple word, empowers us all  
Or makes our hopes and dreams fall.  
Such simple devices, such miniscule tools,  
But used correct, can elevate fools.  
Just letters on page? It does not seem so,  
Do not simply think, your words nowhere go.  
Everything said, by someone's received,  
For better or worse, in thought and in deed.  
Regardless of all, the things you have heard,  
Do not disregard, the weight of your words.

### **8. The Bridge Builder**

An old man going a lone highway,  
Came, at the evening cold and grey,  
To a chasm vast and deep and wide,  
The old man crossed in the twilight dim,  
The sullen stream had no fear for him;  
But he turned when safe on the other side  
And built a bridge to span the tide.  
'Old man,' said a fellow pilgrim near,  
'You are wasting your strength with building here;  
Your journey will end with the ending day,  
Yon never again will pass this way;  
You've crossed the chasm, deep and wide,  
Why build this bridge at evening tide?'  
The builder lifted his old grey head;  
'Good friend, in the path I have come,' he said,  
'There followed after me to-day  
A youth whose feet must pass this way.  
This chasm that has been as naught to me  
To that fair-haired youth may a pitfall be;  
He, too, must cross in the twilight dim;  
Good friend, I am building this bridge for him!'

### **9. Now and Then**

Lazily we languished in the park,  
Bathed on balmy beaches until dark,  
Called on country cousins for a lark.  
Applauded as the actors took their bow.  
But that was then.  
And this is now.

Dining out with family and friends,  
Arguing so we could make amends,  
Suddenly and shockingly it ends.  
No matter who or where or when or how,  
So much from then  
Is missing now.

We can only cower in confusion.  
Life is little more than an illusion  
Spectacle glimpsed fleetingly through glass  
Of strangers' cautious greetings as they pass.

Warily we while away the hours,  
Longing for the liberty of flowers,  
Free to feel the sustenance of showers.  
Just waiting for the day to come, somehow,  
When what was now is safely 'then',  
And what was then is once more 'now'.

#### 10. One ...

One song can spark a moment,  
One flower can wake the dream  
One tree can start a forest,  
One bird can herald spring.

One smile begins a friendship,  
One handclasp lifts a soul.  
One star can guide a ship at sea,  
One word can frame the goal

One vote can change a nation,  
One sunbeam lights a room  
One candle wipes out darkness,  
One laugh will conquer gloom.

One step must start each journey.  
One word must start each prayer.  
One hope will raise our spirits,  
One touch can show you care.

One voice can speak with wisdom,  
One heart can know what's true,  
One life can make a difference,  
You see, it's up to you!

My thanks to the anonymous poets who provided the inspiration for this work.

I would also like to thank Tim Dixon, John Keddie, David Pattinson and Wendy Young for their support, comments and suggestions during the process of writing these pieces.

The ten movements may be performed separately but the piano links between the movements aim to create a greater sense of unity and flow.

Duration 35 minutes.

Len Young, 28 April 2020

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# REFLECTIONS

Anonymous 2013

## 1. Always, Always

Len Young  
3 April 2020

Sing with a simultaneous feeling of movement and stillness!

*♩ = 55*

*legato*

*mf* The sun in the east \_\_\_\_\_ it stands a -

*mf* The sun in the east \_\_\_\_\_ it stands a -

*p legato*

Con. Ped.

4

S. lone, and rays of day \_\_\_\_\_ a-gain they shine. Ri\_sing up \_\_\_\_\_ to face each

A. lone, and rays of day \_\_\_\_\_ a-gain they shine. Ri\_sing up \_\_\_\_\_ to face each

Pno.

8

S. *f* day, look-ing for lost *mf* yes. ter day.

A. *f* day, look-ing for lost *mf* yes. ter day.

Pno. *mf*

12

S. —

A. —

T. *mp* The moon he seeks but can-not find, al-ways, al-ways on his

B. *mp* The moon he seeks but can-not find, al-ways, al-ways on his

Pno. *pp*

16

T. *mf* mind. The moon in dark it search-es 'round, wan - ting bright -

B. *mf* mind. The moon in dark it search-es 'round, wan - ting bright -

Pno. *p*

S. *mf* Look - ing through \_\_\_\_\_ each lone - ly

A. *mf* Look - ing through \_\_\_\_\_

T. *p* - ness to be found.

B. *p* - ness to be found.

Pno. *pp* Ped.

S. night, ho - ping love \_\_\_\_\_ will end her plight. The sun she

A. \_\_\_\_\_ each lone - ly night, ho - ping love will end her plight.

Pno. Ped.

S. wants \_\_\_\_\_ with all her heart, al - ways, al - ways left \_\_\_\_\_ a -

A. The sun she wants \_\_\_\_\_ with all her heart, al - ways left \_\_\_\_\_ a -

Pno. *f* Ped.



31 *mf*

S. *mf*  
part. \_\_\_\_\_

A. *mf*  
part. \_\_\_\_\_

T. *mf*  
Un-til the search - ing of years and years, the sight that

B. *mf*  
Un-til the search - ing of years and years.

Pno. *pp*

Ped. Ped. Ped. Ped.

35

T. tri - - umphs doubt and fears. When eyes of mor-tals\_\_\_\_\_ and gods a -

B. the sight that tri-umphs doubt and fears. When eyes of mor tals\_\_\_\_\_

Pno.

Ped. Ped. Ped.

38

T. *f* like are blind to joy of day *mf* meets night.

B. *f* and gods a like are blind to joy of day *mf* meets night.

Pno.

42

S. *f* The love they seek they will al - ways

A. *f* The love they seek they will al - ways

T. *f* The love they seek they will al - ways

B. *f* The love they seek they will al - ways

Pno. *f*

44

S. find, al - ways, al - ways

A. find, al - ways, al - ways

T. find, al - ways, al -

B. find,

Pno.

46

S. through the *ff*

A. through the *ff*

T. ways through the *ff*

B. al - ways, al - ways through the *ff*

Pno.

48 **rall.** **A tempo** **rall.**

S. end of time.

A. end of time.

T. end of time.

B. end of time.

Pno. **rall.** **A tempo** **rall.**

52 **A tempo** **Rubato accel.** move towards tempo ♩ = 76 by bar 56

Pno. *p*

*p* Ped. Ped.

56 **rall.**

Pno. **rall.**

Ped. Ped. Ped. Ped.

## 2. Appreciation

60 ♩ = 76

S. *mf*  
The

A. *mf*  
The

T. *mf*  
The

B. *mf*  
The

Pno. *mf*

Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped.

64

S. sun it shines re - gard less, the grass it grows ob - li - vi - ous, the

A. sun it shines re - gard less, the grass it grows ob - li - vi - ous, the

T. sun it shines re - gard less, the grass it grows ob - li - vi - ous, the

B. sun it shines re - gard less, the grass it grows ob - li - vi - ous, the

Pno.

Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped.

68

S. wa - ter it sits fa-thom-less, the moon it re - flects lov-ing-ly.

A. wa - ter it sits fa-thom-less, the moon it re - flects lov-ing-ly. *mf*

T. wa - ter it sits fa-thom-less, the moon it re - flects

B. wa - ter it sits fa-thom-less, the moon it re - - - -

Pno. *Ped.* *Ped.* *Ped.* *Ped.* *Ped.* *Ped.* *Ped.* *Ped.*

72

S. *mp* the

A. *mp* the

T. *mf* lov-ing-ly. *f* The tree it stands de - ter-mined-ly,

B. *mf* flects lov-ing-ly. *f* The tree it stands de - ter-mined-ly,

Pno. *Ped.* *Ped.* *Ped.* *Ped.* *Ped.* *Ped.*

76

S. sand it moves im - pul - sive - ly,

A. sand it moves im - pul - sive - ly,

T.

B.

Pno. *pp* 6 6 6 6

Ped. | Ped. | Ped. | Ped.

78

S. *mf* time is a con - stant un - stop - pa - ble, *f* Space is vast in cal - cu - la - ble.

A. *mf* time is a con - stant un - stop - pa - ble, *f* Space is vast *mf* in - cal - cu - la - ble.

T. *mf* time is a con - stant un - stop - pa - ble, *f* Space is vast in -

B. *mf* time is a con - stant un - stop - pa - ble, *f* Space is vast

Pno. *mf* *f*

Ped. | Ped. | Ped. | Ped.

82

S.

A.

T. *mf* cal-cu-la-ble. *f* Life is a gift re - mar -

B. *mf* in eal-cu-la-ble. *f* Life is a gift re -

Pno.

86

S. *f* Life is a gift re - mar - ka-ble. *f* Life is a gift re - mar - - - -

A. *f* Life is a gift. *f* Life is a gift re - mar -

T. - - - ka - ble. *f* Life is a gift re -

B. mar - - ka - ble.

Pno.



12 91 *rall.* **A tempo** *rall.*

S. - ka - ble. Life is a gift, re - mar - ka - ble.

A. - ka - ble. Life is a gift, re - mar - ka - ble.

T. mar - ka - ble Life is a gift, re - mar - ka - ble.

B. Life is a gift. Life is a gift, re - mar - ka - ble.

Pno. *rall.* **A tempo** *rall.*

Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped.

97 *rall.* **A tempo**

S. - - - - -

A. - - - - -

T. - - - - -

B. - - - - -

Pno. *rall.* **A tempo**

Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped.

101 *mf* **accel.**

Pno. *mf* *mf*

Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped. | Ped.

### 3. The Elements of Strength

Len Young  
10 April 2020

Anonymous  
106

$\text{♩} = 195$

T. *f* The wrath of wind it comes and goes, \_\_\_\_\_ the

B. *f* The wrath of wind it comes and goes, \_\_\_\_\_ the

Pno. *mf*

T. 113 fear of men no long-er blows, \_\_\_\_\_ the hun-ger of fire it does de-vour, \_\_\_\_\_ but

B. fear of men no long-er blows, \_\_\_\_\_ the hun-ger of fire it does de-vour, \_\_\_\_\_ but

Pno.

T. 119 all who give in it will sour, \_\_\_\_\_ will sour. \_\_\_\_\_ The strength of wa - ter

B. all who give in it will sour, it will sour, \_\_\_\_\_ will sour, The strength of wa - ter

Pno.

125

T. *8*  
 can-not be matched \_\_\_\_\_ by ev'-ry ev - il scheme that's hatched, \_\_\_\_\_ the life of earth is

B.  
 can-not be matched \_\_\_\_\_ by ev'-ry ev - il scheme that's hatched, \_\_\_\_\_ the life of earth is

Pno.

131

T. *8*  
 un-sur-passed, \_\_\_\_\_ un-less you've seen the fu-ture past, \_\_\_\_\_ past. \_\_\_\_\_

B.  
 un-sur-passed, \_\_\_\_\_ un-less you've seen the fu-ture past, the fu-ture past, \_\_\_\_\_

Pno.

137

T. *8* *ff*  
 \_\_\_\_\_ Do not be wea-thered by el-e-ments strong, \_\_\_\_\_ their strength by no means

B. *ff*  
 past Do not be wea-thered by el-e-ments strong, \_\_\_\_\_ their strength by no means

Pno. *ff*

143

T. lasts that long.

B. lasts that long.

Pno.

149

S.  $\text{♩} = 85$

A.  $\text{♩} = 85$

T.  $\text{♩} = 85$

B.  $\text{♩} = 85$

Pno. *mf*  $\text{♩} = 85$

Ped. Ped. Ped.

153

Pno. *f* *accel.*

Ped. Ped. Ped.

### 4. Two Little Shadows

Anonymous 2017

Len Young  
8 April 2020

158  $\text{♩} = 64$

S. *mf*  
I saw a young mo-ther \_\_\_\_\_ with eyes full of laugh-ter, \_\_\_\_\_

A. *mf*  
I saw a young mo-ther \_\_\_\_\_ with eyes full of laugh-ter, \_\_\_\_\_

Pno. *p*

163

S. \_\_\_\_\_ and two lit-tle sha-dows \_\_\_\_\_ came fol-low-ing af-ter. \_\_\_\_\_ Where

A. \_\_\_\_\_ and two lit-tle sha-dows \_\_\_\_\_ came fol-low-ing af-ter. \_\_\_\_\_ Where

Pno.

168

S. e-ver she moved, \_\_\_\_\_ they were al-ways right there \_\_\_\_\_ hold-ing on-to her skirts hang-ing

A. e-ver she moved, \_\_\_\_\_ they were al-ways right there \_\_\_\_\_ hold-ing on-to her skirts hang-ing

Pno.

173

S. on to her chair be - fore her, be-hind her an ad - he - sive pair.

A. on to her chair be - fore her, be-hind her an ad - he - sive pair.

Pno.

178

Pno.

183

S. Don't you e-ver get wear-y —

A. Don't you e-ver get wear-y —

Pno.

188

S. as day af-ter day, your two lit-tle tag-a-longs get in your way? —

A. as day af-ter day, your two lit-tle tag-a-longs get in your way? —

Pno.

194

S. She smiled as she shook her wise young head, and I'll

A. She smiled as she shook her wise young head, and I'll

Pno.

199

S. al-ways re-mem-ber the words that she said. It's

A. al-ways re-mem-ber the words that she said, the words that she said. It's

Pno.

203

S. good to have sha-dows that run when you run, that laugh when you're hap-py —

A. good to have sha-dows that run when you run, that laugh when you're hap-py —

Pno.

S. \_\_\_\_\_ and hum when you hum - mmm, for you on - ly have

A. \_\_\_\_\_ and hum when you hum - mmm, for you on - ly have

Pno. \_\_\_\_\_

Ped. \_\_\_\_\_

S. \_\_\_\_\_ sha - dows when you're life's \_\_\_\_\_ full of \_\_\_\_\_

A. \_\_\_\_\_ sha - dows when you're life's \_\_\_\_\_ full \_\_\_\_\_ of \_\_\_\_\_

Pno. \_\_\_\_\_

Ped. \_\_\_\_\_

S. \_\_\_\_\_ sun'

A. \_\_\_\_\_ sun'

Pno. \_\_\_\_\_

Ped. \_\_\_\_\_

**Slower,  
freely and expressively**

**Slower**

Pno. \_\_\_\_\_

*p* Ped. \_\_\_\_\_



# 5. Purpose

Len Young  
20 April 2020

Anonymous  
20

224 ♩ = 85

A. Altos

*mp* Deep-ly and long the sap must

Pno. With a gentle lilt ♩ = 85

*p*

Ped. Ped. Ped. Ped. Ped. Ped. Ped.

231

A. flow ere the mere - est lay - er of elm can grow. Man - y a wave's re -

Pno.

Ped. Ped. Ped. Ped. Ped. Ped. Ped.

238

A. cur - rent shock is need - ed to smooth the ti - niest rock. *rall.*

Pno. *rall.*

Ped. Ped. Ped. Ped. Ped. Ped. Ped.

245 **A tempo**  
*mp*  
 S. Thou-sands of leaves must fade and fall.  
 A. *mp* to make the mold by the gar - den  
 T. *mf* Thou-sands of leaves must fade and fall to make the mold by the gar - den  
 B. *mf* Thou-sands of leaves must fade and fall to make the mold by the gar - den  
**A tempo**  
 Pno. *Ped.*

252  
 S. Sea - sons roll slow - ly, a  
 A. wall. Sea - sons roll slow - ly, a  
 T. wall. Thus, as the pa - tient sea - sons roll, slow-ly is fash-ioned a  
 B. wall. Thus, as the pa - tient sea - sons roll, slow-ly is fash-ioned a  
 Pno. *Ped.*

259

S. *f* hu - man soul. \_\_\_\_\_ , *mp* Pur - pose and fai - lure and pur - pose still,

A. *f* hu - man soul. \_\_\_\_\_ , *mp* Pur - pose and fai - lure and pur - pose still,

T. *f* hu - man soul. \_\_\_\_\_ ,

B. *f* hu - man soul. \_\_\_\_\_ ,

Pno. *f* \_\_\_\_\_ *mp* \_\_\_\_\_

Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_

266

S. *mp* stea-di-ly moved by a qui - et will, lay - er on lay - er in

A. *mf* stea-di-ly moved by a qui - et will, lay - er on lay - er in

Pno. \_\_\_\_\_

Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_ Ped. \_\_\_\_\_

272

S. *rall.*  
 stur - dy way, hard - ly seen the growth of a day.

A.  
 stur - dy way, hard - ly seen the growth of a day.

Pno. *rall.*  
 Ped. Ped. Ped. Ped. Ped. Ped.

278 **A tempo**

S. *f*  
 — Times of fai - lure and fear and fall, but one strong

A. *f*  
 — Times of fai - lure and fear and fall, but one strong

T. *f*  
 Times of fai - lure and fear and fall, but one strong

B. *f*  
 Times of fai - lure and fear and fall, but one strong

Pno. **A tempo**  
*f*  
 Ped. Ped. Ped. Ped.

284

S. ten-denc - y through it all, man\_\_\_\_\_ and

A. *Altos sing lower note if possible*  
ten-denc - y through it all, man\_\_\_\_\_ and

T. ten-denc - y through it all, man\_\_\_\_\_ and

B. ten-denc - y through it all, man\_\_\_\_\_ and

Pno.

288

S. pur - pose and sun by sun\_\_\_\_\_ reach\_\_\_\_\_ the

A. pur - pose and sun by sun\_\_\_\_\_ reach\_\_\_\_\_ the

T. pur - pose and sun by sun\_\_\_\_\_ reach\_\_\_\_\_ the

B. pur - pose and sun by sun\_\_\_\_\_ reach\_\_\_\_\_ the

Pno.

292 25

S. stars be - fore they

A. stars be - fore, be - fore they

T. stars be - fore, be - fore

B. stars be - fore they

Pno.

296 **poco rall.** **A tempo** **rall.**

S. are **ff** done.

A. are **ff** done, be - fore they are done.

T. they are **ff** done, be - fore they are done

B. are **ff** done.

Pno. **p.** **ff** **p.** **p.** **p.**

**poco rall.** **A tempo** **rall.**

**Ped.** **Ped.** **Ped.** **Ped.**

301 ♩ = 85 **A tempo**

S. \_\_\_\_\_

A. \_\_\_\_\_

T. \_\_\_\_\_

B. \_\_\_\_\_

Pno. *mf*

*mf* Ped. \_\_\_\_\_

305 **rall.**

Pno.

### 6. Little by Little

Anonymous 1999

Len Young  
14 April 2020

309 ♩ = 112

T. *mf*

Sing legato with a light but hypnotic sense of two beats in a bar. 'Lit-tle by lit-tle', \_\_\_\_\_ an

B. *mf*

'Lit-tle by lit-tle', \_\_\_\_\_ an

Pno. *p*

*p* Ped. \_\_\_\_\_ simile

315

T.

B.

Pno.

321

T.

B.

Pno.

327

S. *mf*

A. *mf*

Pno.



333

S. lit-tle by lit-tle it sipped the dew; down-ward it sent a thread-like root;

A. lit-tle by lit-tle it sipped the dew; down-ward it sent a thread-like root;

Pno.

338

S. up in the air sprung a tin - y shoot.

A. up in the air sprung a tin - y shoot.

Pno.

S. *f* Day af-ter day, and year af-ter year,

A. *f* Day af-ter day, and year af-ter year,

T. *f* Day af-ter day, and year af-ter year,

B. *f* Day af-ter day, and year af-ter year,

Pno. *mf* *f*

349

S. lit-tle by lit-tle the leaves ap-pear; and the slen-der bran-ches spread far and wide,

A. lit-tle by lit-tle the leaves ap-pear; and the slen-der bran-ches spread far and wide,

T. lit-tle by lit-tle the leaves ap-pear; and the slen-der bran-ches spread far and wide,

B. lit-tle by lit-tle the leaves ap-pear; and the slen-der bran-ches spread far and

Pno.

**poco rall.. A tempo**

354

S. till the migh-ty oak is the fo - rest's pride.

A. till the migh-ty oak is the fo - rest's pride.

T. till the migh-ty oak is the fo - rest's pride.

B. wide, till the migh-ty oa is the fo - rest's pride.

Pno.

**poco rall.. A tempo**

359

T. *mp* the dark blue sea,

B. *mf* For down in the depths of the dark blue sea.

Pno. *subito pp*

364

T. works cease-less-ly. Grain by grain they are

B. an in - sect train works cease-less-ly.

Pno.

369

T. build-ing well, Each one a-lone in its lit - tle cell.

B. build-ing well Each one a-lone in its lit - tle cell.

Pno. *p*

374

T. *8* and

B. Mo-ment by mo-ment and day\_ by day,—

Pno.

379

T. *8* day\_ by day,\_\_\_\_\_ to rest\_ or play,

B. ne - ver stop-ping to rest\_ or play,\_\_\_\_\_

Pno.

384

T. *8* rock up-on rocks they are rear - ing high\_\_\_\_\_ till the top looks out on the sun - ny *f* poco rall..

B. rear - ing high till the top looks out on the sun - ny *f* poco rall..

Pno. *mf*

389 **A tempo**

S. *mp*  
The gen - tle wind

T. sky.

B. sky.

Pno. *mf* *p* *p* *Ped.*

394

S. \_\_\_\_\_ and the balm - y air, \_\_\_\_\_ lit - tle by lit - tle bring ver - dure there; \_\_\_\_\_

Pno. *Ped.* | *Ped.* | *Ped.* | *Ped.* | *Ped.*

399

S. *f*  
\_\_\_\_\_ till the sum - mer sun - beams gay - ly smile \_\_\_\_\_ on the buds and flow - er of the

A. \_\_\_\_\_ on the buds and flow - er of the

Pno. *f* *Ped.* | *Ped.* | *Ped.* | *Ped.*

## poco rall. A tempo

404

S. *f*  
co - ral isle.

A. *f*  
co - ral isle.

T.

B.

## poco rall. A tempo

Pno. *mp*

409

T. *mf*  
'Lit-tle by lit-tle', \_\_\_\_\_ said a thought-ful boy, \_\_\_\_\_ mo-ment by mo-ment I'll

B. *mf*  
'Lit-tle by lit-tle', \_\_\_\_\_ said a thought-ful boy, \_\_\_\_\_ mo-ment by mo-ment I'll

Pno.

414

T. well em-ploy, \_\_\_\_\_ learn-ing a lit - tle ev-e-ry day, \_\_\_\_\_ and not spend -

B. well em-ploy, \_\_\_\_\_ learn-ing a lit - tle ev-e-ry day, \_\_\_\_\_ and not spend -

Pno.

420

T. ing all my time at play. \_\_\_\_\_ and still\_ this rule in my mind shall dwell, \_\_\_\_\_

B. ing all my time at play. \_\_\_\_\_ and still\_ this rule in my mind shall dwell, \_\_\_\_\_

Pno.

425

T. \_\_\_\_\_ what - ev - er I do \_\_\_\_\_ I shall do it well'. \_\_\_\_\_

B. \_\_\_\_\_ what - ev - er I do \_\_\_\_\_ I shall do it well'. \_\_\_\_\_

Pno.

430

S. *f* 'Lit - tle by lit - tle \_\_\_\_\_ I'll learn to know \_\_\_\_\_ the

A. *f* 'Lit - tle by lit - tle \_\_\_\_\_ I'll learn to know \_\_\_\_\_ the

T. *f* 'Lit - tle by lit - tle \_\_\_\_\_ I'll learn to know \_\_\_\_\_ the

B. *f* 'Lit - tle by lit - tle \_\_\_\_\_ I'll learn to know \_\_\_\_\_ the

Pno. *mf* *f*

436

S. trea sured wis-dom of long a - go; \_\_\_\_\_ and one of these days per - haps we'll see \_\_\_\_\_

A. trea sured wis-dom of long a - go; \_\_\_\_\_ and one of these days per - haps we'll see \_\_\_\_\_

T. trea sured wis-dom of long a - go; \_\_\_\_\_ and one of these days per - haps we'll see \_\_\_\_\_

B. trea sured wis-dom of long a - go; \_\_\_\_\_ and one of these days per - haps we'll see \_\_\_\_\_

Pno.

441

S. \_\_\_\_\_ that the world will be \_\_\_\_\_ the bet-ter for me'; \_\_\_\_\_ and

A. \_\_\_\_\_ that the world will be \_\_\_\_\_ the bet-ter for me'; \_\_\_\_\_ and

T. \_\_\_\_\_ that the world will be \_\_\_\_\_ the bet-ter for me'; \_\_\_\_\_ and

B. see that the world will be \_\_\_\_\_ the bet-ter for me'; \_\_\_\_\_ and

Pno.



36 446 **rall.**

S. do you not think that this sim-ple plan made him a wise and use - ful

A. do you not think that this sim-ple plan made him a wise and use - ful

T. do you not think that this sim-ple plan made him a wise and use - ful

B. do you not think that this sim-ple plan made him a wise and use - ful

Pno. **rall.**

**A tempo** **rall.** **A tempo**

451

S. man?

A. man? use - ful man?

T. man? use - ful man?

B. man? use - ful man?

Pno. **A tempo** **rall.** **A tempo**

*mp*

*mp*

Ped. Ped. Ped. Ped. Ped. Ped. Ped. *mp* Ped.

456 **rall.**

Pno. **rall.**

Ped. Ped. Ped.

Anonymous

### 7. The Weight of a Word

461 ♩ = 50

S. *rall.. A tempo*  
The pow'r of words is

A. *mp*  
The pow'r of words is

Pno. *Expressively* *mp* *rall.. A tempo*  
*p* *p*

Ped. Ped. Ped. Ped.

465

S. awe-some to be-hold, they build and they break, they furl and they fold. A sim-ple word em

A. awe-some to be-hold, they build and they break, they furl and they fold. A sim-ple word em

Pno. Ped. Ped. Ped. Ped.

469

S. pow-ers us all, or makes our hopes, and dreams fall.

A. powers us all or makes our hopes and dreams fall.

Pno. Ped. Ped. Ped. Ped.

473 **rall.. A tempo**

S. *mp* Such sim-ple de-vi-ces, such mi-ni-scule tools, but used cor-rect-ly can

A. *mp* Such sim-ple de-vi-ces, such mi-ni-scule tools, but used cor-rect-ly can

**rall.. A tempo**

Pno. *p*

Ped. Ped. Ped. Ped.

477 *f* *mf*

S. e - le - vate\_ fools. Just let-ters on page? It does not seem\_ so, do

A. *f* *mf* e - le - vate\_ fools. Just let-ters on page? It does not seem so, do not simp-ly

Pno. *f* *mf*

Ped. Ped. Ped.

480 **rall..**

S. not simp-ly think your words no - where go. *mp*

A. think your words no-where go. *mp*

Pno. **rall..**

Ped. Ped. Ped. Ped.

484 **A tempo**  
*mp*

S. Ev'-ry thing said by some one's re-ceived, for bet-ter or worse in thought and in deed,

A. Ev'-ry thing said by some one's re-ceived, for bet-ter or worse in thought and in deed,

**A tempo**  
*p*

Pno.

Ped. Ped. Ped. Ped.

488

S. re-gard-less of all things you have heard, do not dis-re-gard the

A. re-gard-less of all things you have heard do not dis-re-gard the

Pno.

Ped. Ped. Ped.

491 **rall.** **A tempo** **rall..**

S. weight\_ of your words. stagger breathing

A. weight\_ of your words.

**rall.** **A tempo** **rall..**

Pno.

Ped. Ped. Ped. Ped. p

40 Slightly faster

496 ♩ = 72

Pno. *mp*

Ped.

500 *rall.*

Pno.

Anonymous

### 8. The Bridge Builder

Len Young 22 April 2020

506 ♩ = 60

T. *f*  
An old man go-ing a lone high -

B. *f*  
An old man go-ing a lone high -

Pno. *mf*

Ped. simile

517

T. way, \_\_\_\_\_ came, at the even ing cold and gray. \_\_\_\_\_ to a

B. way, \_\_\_\_\_ came, at the even ing cold and gray. \_\_\_\_\_ to a

Pno.

528

T. cha - sm vast and deep and wide, \_\_\_\_\_ the old man crossed in the twi - light

B. cha - sm vast and deep and wide, \_\_\_\_\_ the old man crossed in the twi - light

Pno.

538

T. dim. \_\_\_\_\_ The sul - len stream had no

B. dim. \_\_\_\_\_ The sul - len stream had no

Pno.

*mf* *mf*

548

T. fear for him, \_\_\_\_\_ but he turned when safe on the oth - er side. \_\_\_\_\_

B. fear for him, \_\_\_\_\_ but he turned when safe on the oth - er side. \_\_\_\_\_

Pno.

559

T. *8*  
— and built a bridge to span the tide, — yes, he built a bridge to span

B.  
— and built a bridge to span the tide, — yes, he built a bridge to span

Pno.

569

T. *8*  
the tide. ————— 'Old man,' said a fel - low

B.  
the tide. —————

Pno.

*mf* *mp* *p* *Ped.*

580

T. *8*  
pil - grim near, ————— 'You are wast - ing your strength with buil - ding here; ————— your

B.  
————— your

Pno.

*Ped.* *Ped.* *Ped.*

590

T. *8*  
 jour-ney will end with the end - ing day, \_\_\_\_\_ you ne-ver a - gain will pass this

B.  
 jour-ney will end with the end - ing day, \_\_\_\_\_ you ne-ver a - gain will pass this

Pno.

600

T. *8* *mf*  
 way; You've crossed the cha-sm deep and wide, \_\_\_\_\_ why build this bridge at eve - ning

B. *mf*  
 way; You've crossed the cha-sm deep and wide, \_\_\_\_\_ why build this bridge at eve - ning

Pno. *mp*

612

T. *8*  
 tide?' \_\_\_\_\_ The buil-der lif-ted his old grey head; \_\_\_\_\_ 'Good

B.  
 tide?' \_\_\_\_\_ The buil-der lif-ted his old grey head; \_\_\_\_\_ 'Good

Pno.



622

T. friend, in the path I have come,' he said, \_\_\_\_\_

B. friend, in the path I have come,' he said, \_\_\_\_\_

Pno. *mf* *mf*

633

T. *f* 'There fol lowed af - ter me to - day \_\_\_\_\_ a youth whose feet must pass

B. *f* 'There fol lowed af - ter me to - day \_\_\_\_\_ a youth whose feet must pass

Pno.

643

T. this way. \_\_\_\_\_ This cha - sm that has been naught to me. \_\_\_\_\_

B. this way. \_\_\_\_\_ This cha - sm that has been naught to me. \_\_\_\_\_

Pno.

653

T. *8*  
 \_\_\_\_\_ to that fair - haired youth may a pit - fall be; \_\_\_\_\_ He

B. \_\_\_\_\_ to that fair - haired youth may a pit - fall be; \_\_\_\_\_ He

Pno.

662

T. *8*  
 too, must cross in the twi-light dim; \_\_\_\_\_ good friend I am build-ing this bridge \_\_\_\_\_

B. \_\_\_\_\_ too, must cross in the twi-light dim; \_\_\_\_\_ good friend I am build-ing this bridge \_\_\_\_\_

Pno.

*f* *mf*

rall.. A tempo rall..

672

T. *8*  
 for \_\_\_\_\_ him!'

B. \_\_\_\_\_ for \_\_\_\_\_ him!'

Pno.

rall.. A tempo rall..

A tempo

682

Pno.

*mf* *mf*

46 693 rall..

Pno.

Ped. Ped. Ped. Ped. Ped. Ped.

Tim Dixon  
April 2020

### 9. Now and Then

Len Young  
13 April 2020

702 **Swing**

Pno.

*mf*

706 *mf*

S. *mf*  
La-zi-ly we lan-guished in the park, bathed on balm-y beach-es un-til-dark,

A. *mf*  
La-zi-ly we lan-guished in the park, bathed on balm-y beach-es un-til-dark,

Pno.

*mf*

710 *mf*

S. *mf*  
called on coun-try cou-sins for a lark. Ap-plau-ded as the ac-tors took their bow.

A. *mf*  
called on coun-try cou-sins for a lark. Ap-plau-ded as the ac-tors took their bow.

Pno.

*p*

714

S. But that was then \_\_\_\_\_ and this is now.\_\_\_\_

A. but that was then and this is now.\_\_\_\_

T. but that was then and this is now.\_\_\_\_

B. but that was then and this is now.\_\_\_\_

Pno.

718

S.

A.

T. *mf*  
Din-ing out with fam-i - ly \_\_\_\_\_ and friends, ar-gu-ing so we could make a-mends,

B. *mf*  
Din-ing out with fam-i - ly \_\_\_\_\_ and friends, ar-gu-ing so we could make a-mends,

Pno.

722

S. *mf*  
No mat-ter who or where or when and how,

A. *mf*  
No mat-ter who or where or when and how,

T. *mf*  
sud-den-ly and shock-ing ly it all ends.

B. *mf*  
sud-den-ly and shock-ing ly it all ends.

Pno. *p* 3

726

S. *rall.*  
so much from then \_\_\_\_\_ is mis - sing now.\_\_\_\_

A. *rall.*  
so much from then is mis-sing now.\_\_\_\_

T. *rall.*  
so much from then is mis-sing now.\_\_\_\_

B. *rall.*  
so much from then is mis-sing now.\_\_\_\_

Pno. *rall.* 3

♩ = 90 **Straight**  
Slightly slower

730

S. *p*  
We can on-ly co-wer in con-fus - ion.\_\_\_\_ A

A. *p*  
We can on-ly co-wer in con-fus - ion.\_\_\_\_ A  
sing falsetto

T. *p*  
Life is lit-tle more than an il - lu - sion.\_\_\_\_ A

B. *p*  
Life is lit-tle more than an il - lu - sion.\_\_\_\_

Pno. *p*  
Ped. Ped. Ped. Ped.

734

S. *p*  
spec - ta-cle glimpsed flee-ting ly through glass of stran-gers' cau-tious gree-tings as they

A. *p*  
spec - ta-cle glimpsed flee-ting ly through glass

T. *p*  
spec - ta-cle glimpsed flee-ting ly through glass

B. *p*

Pno. *p*  
Ped. Ped. Ped.

737

**accel.** **Swing**

S. *pass.* \_\_\_\_\_ *p* Wa-ri-ly we while a-way  
Swung quavers

A. as they pass. \_\_\_\_\_ as they pass. Wa-ri-ly we while a-way  
Swung quavers

T. as they pass. \_\_\_\_\_ Wa-ri-ly we while a-way  
Swung quavers

B. as they pass \_\_\_\_\_ Wa-ri-ly we while a-way

Pno. **accel.** **Swing** *p*

741

S. — the hours, long-ing for the li - ber - ty\_\_ of flowers, free to feel the sus - te - nance

A. — the hours, long-ing for the li - ber - ty\_\_ of flowers, free to feel the sus - te - nance

T. — the hours, long-ing for the li - ber - ty\_\_ of flowers, free to feel the sus - te - nance

B. — the hours, long-ing for the li - ber - ty\_\_ of flowers, free to feel the sus - te - nance

Pno.

745 *mf*

S. — of showers. Just wai-ting for the day to come some-how, \_\_\_\_\_

A. — of showers. Just wai-ting for the day to come some-how, \_\_\_\_\_

T. — of showers. Just wai-ting for the day to come some-how, \_\_\_\_\_

B. — of showers. Just wai-ting for the day to come some-how, \_\_\_\_\_

Pno. *mf* 3

748 *f* **rall..**

S. when what was now is safe - ly 'then', and what was then \_\_\_\_\_ is once more

A. when what was now is safe - ly 'then', and what was then is once more

T. when what was now is safe - ly 'then', and what was then is once more

B. when what was now is safe - ly 'then', and what was then is once more

Pno. *f* 3 3 **rall..**



752 **A tempo** **rall.**

S. *'now'.* Once more *'now'.*

A. *'now'.* Once more *'now'.*

T. *'now'.* Once more *'now'.*

B. *'now'.* Once more *'now'.*

Pno. **A tempo** **rall.**

*Ped.* *Ped.* *Ped.* *Ped.* *Ped.*

756 **A tempo** **rall.**

Pno. *f* *mf*

760 **Straight** **rall.** ♩ = 70

Pno. *p* *pp*

# 10. One ...

Anonymous

**A tempo**

Len Young  
16 April 2020

Solo, small group or all sopranos  
Sing with warmth

♩ = 70

764

S. *mp* One song can spark a mo-ment, one flow'r can wake the dream, one tree can start a

A. [Musical staff with a whole rest]

T. [Musical staff with a whole rest]

B. [Musical staff with a whole rest]

♩ = 70 **A tempo**

Pno. *p*

769

All sopranos

S. fo - rest, one bird can he-rald spring. *p* One smile be-gins a friend-ship,

A. *p* Mn\_\_\_\_\_

T. *p* Mn\_\_\_\_\_

B. *p* Mn\_\_\_\_\_

Pno. *p*

Ped. \_\_\_\_\_ Ped. \_\_\_\_\_

774 **poco rall..**

S. one hand-clasp lifts a soul, one star can guide a ship at sea, one word can frame the

A. Mn Mn Mn Mn

T. Mn Mn Mn

B. Mn Mn Mn

Pno. Ped. Ped. Ped. Ped. Ped. Ped.

779 **A tempo**

S. goal.

A.

T. *mf* One sun-beam lights a

B. *mf* One vote can change a na-tion

Pno. **A tempo** Ped. Ped. Ped. Ped.

784

S. *f* One laugh will conquer gloom

A. *f* One candle wipes out darkness One laugh...

T. room One

B.

Pno. Ped. Ped. Ped. Ped. Ped.

rall. . A tempo ♩ = 70

789 All sopranos *mf*

S. *mf* One step must start each journey, one word must start each

A. *mf* One step must start each journey, one word must start each

T. laugh.

B.

One laugh. rall. . A tempo ♩ = 70

Pno. Ped. Ped. Ped.

793

S. prayer. One hope will raise our spi - rits, one touch can show you

A. prayer. One hope will raise our spi - rits, one touch can show you

T. - - - - -

B. - - - - -

Pno.

Red. Red. Red. Red.

797

**poco rall.. A tempo**

S. *mf* care. One voice can speak with wis - dom, one heart can know what's

A. *mp* care. One voice can speak with wis - dom, One heart can know what's

T. *mp* One voice can speak with wis - dom, One heart can know what's

B. *mp* One voice can speak with wis - dom, One heart can know what's

**poco rall.. A tempo**

Pno.

Red. Red. Red. Red. Red.

801

S. true, one life can make a diff - rence. Yes, that's

A. true, One life can make a diff - rence. Yes that's

T. true, One life can make a diff - rence. Yes that's

B. true, One life can make a diff - rence. Yes that's

Pno. Ped. Ped. Ped. Ped. Ped.

805

S. true

A. true

T. true *mf* One sun-beam lights a

B. true. *mf* One vote can change a na - tion

Pno. Ped. Ped. Ped. Ped.

809

S. *f* One laugh will conquer gloom

A. *f* One candle wipes out darkness One laugh...

T. room One

B.

Pno. *Ped.*

814

rall. . . . . A tempo

S. *mf* One step must start each journey, one word must start each

A. *mf* One step must start each journey, one word must start each

T. laugh.

B. One laugh.

rall. . . . . A tempo

Pno. *Ped.*

818

S. *mf*  
 prayer. One hope will raise our spi-rits,— one touch can show you

A. *mf*  
 prayer. One hope will raise our spi-rits,— one touch can show you

T. —

B. —

Pno.

*Red.* — — — — — *Red.* — — — — — *Red.* — — — — — *Red.* — — — — —

822

S. *mf*  
 care. One voice can speak with wis - dom, one heart can know what's

A. *mp*  
 care. One voice can speak with wis - dom, One heart can know what's

T. *mp*  
 One voice can speak with wis - dom, One heart can know what's

B. *mp*  
 One voice can speak with wis - dom, One heart can know what's

Pno.

*Red.* — — — — — *Red.* — — — — — *Red.* — — — — — *Red.* — — — — —



826

S. true, one life can make a diff - rence. you *f*

A. true, One life can make a diff - rence. You *f*

T. true, One life can make a diff - rence. You *f*

B. true, One life can make a diff - rence. You *f*

Pno.

*Ped.*

830

*poco rall.. A tempo rall..*

S. see, it's up to you!

A. see, it's up to you! It's up to you!

T. see, it's up to you! It's up to you!

B. see it's up to you!

*poco rall.. A tempo rall..*

Pno.

*Ped.*



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